Get Connected to Your Medical Information!

Welcome to the all-in-one personal health record and patient portal that lets you access your medical information in a secure online environment **24 hours a day, 7 days a week** from any computer, tablet or smartphone!

**Just follow these steps to access your information today!**

1. **Go to the Portal Login Page.**
   Visit https://uhsi.followmyhealth.com and click I need to sign up.

2. **Complete Your Information.** Fill in the appropriate fields, and accept the Terms of Use.

3. **Create a username** for your portal account. By default, your email address that your invitation was sent to will appear in the username box. It is recommended to use this email address as your username.
   Next, **create a password** following the criteria noted on the right of the screen.
   Renter your password to continue.
Click **Connect** next to the medical organization(s) you’d like to obtain your records from. When complete, hit **Next**.

Note: if you click **Skip This Step**, you can complete your connection to your healthcare organization(s) at any time by logging in to your account, and selecting **My Account > Connections**.

Accept the Release of Information from the organization(s) you wish to connect to.

Complete request by clicking **OK**.

You have successfully created your portal account. **Your record will be populated with your medical information once your healthcare organization accepts your connection request.** Please wait for a response from noreply@followmyhealth.com before taking further action.